

CALIFORNIA HIGHWAY PATROL



HPM 10.5 Employee Assistance Manual

Safety, Service, and Security



An Internationally Accredited Agency

DEPARTMENT OF CALIFORNIA HIGHWAY PATROL

EMPLOYEE ASSISTANCE MANUAL

THIS PUBLICATION MAY BE PURCHASED FROM THE
CALIFORNIA HIGHWAY PATROL.

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FOREWORD

The California Highway Patrol values its employees. Given the nature of departmental operations, a situation could arise and overwhelm an employee's normally effective coping skills. Each of the Department's employee assistance programs has a unique focus and is specifically designed to provide employees and their families with the appropriate type of assistance.

The purpose of this manual is to provide information and guidance to all employees in order to help them understand and utilize the Department's employee assistance programs. This manual also provides resources that may be useful when coping with life issues on and off-duty.

The objective of the employee assistance programs are to aid employees during overwhelming times, enhance their overall well-being, and reduce the potential for job-related problems that may result when an employee is distracted by personal difficulties.

Questions regarding any of the information contained in this manual should be directed to the Office of Employee Safety and Assistance at (916) 843-3320.

If any of the provisions of this manual are in conflict with the provisions of a collective bargaining agreement reached pursuant to Government Code Section 3517.5, the agreement shall take precedence.

OFFICE OF THE COMMISSIONER

OPI: 016

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