

CHAPTER 8
CARDIOPULMONARY RESUSCITATION TRAINING

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CHAPTER 8

CARDIOPULMONARY RESUSCITATION TRAINING

1. POLICY.

- a. All cadets shall be trained at the Academy to administer cardiopulmonary resuscitation (CPR).
- b. All uniformed employees shall be recertified in CPR biennially. Nonuniformed employees may, with the approval of their commander, receive initial training by a departmental CPR instructor.
- c. All biennial CPR recertification shall be conducted at the Division or Area level.
 - (1) Nonuniformed employees who have received initial CPR training from the Department may receive biennial refresher training by any departmental CPR instructor, with their commander's approval.
- d. All CPR instructors shall be trained by the Academy, Emergency Medical Services (EMS) Unit staff, at the Academy or a regional training site.
- e. All departmental CPR instructors shall attend an instructor refresher course biennially. Cardiopulmonary resuscitation refresher training shall be conducted by the Academy, EMS Unit.

2. AUTHORITY. The CHP course in public safety first aid, including CPR and automated external defibrillator, is authorized by the Commission on Peace Officer Standards and Training and approved by the EMS authority.

3. PROCEDURES. The Area training coordinator shall maintain records of the CPR status of each uniformed employee and enter this information in the Employee Training Records System.

4. INSTRUCTOR CERTIFICATION AND TRAINING.

- a. All uniformed employees having completed CPR instructor training provided by the Academy, EMS Unit, will be certified as departmental CPR instructors.
- b. Cardiopulmonary resuscitation instructor candidates will be required to successfully complete a written CPR pretest with a minimum passing score

of 80 percent and, on a pass/fail basis, demonstrate CPR skills on a CPR training mannequin.

c. Instructors wishing to teach CPR to persons other than departmental employees should contact an approved CPR training program, such as the American Heart Association or American Red Cross, for authorization.

d. Instructors will retain instructor certification by proctoring at least one CPR recertification class biennially. In addition, instructors shall include their names on the CHP 126, Course Record (available on the Department's Intranet website), as a participant.

e. On a biennial basis, a copy of the CHP 126 listing the instructor's name shall be forwarded to the Academy, EMS Unit. On the top of the CHP 126, the instructor shall write "For Instructor Credit." Areas that do not have a certified CPR instructor are to contact their Division; the Division will in turn coordinate with the Academy, EMS Unit, for training of a qualified CPR instructor.

5. BIENNIAL CARDIOPULMONARY RESUSCITATION RECERTIFICATION.

a. Biennial CPR recertification will consist of demonstrated proficiency in the following tasks:

(1) Completion of the departmental written CPR test, with a minimum passing score of 80 percent.

(2) Obstructed airway maneuver for adults and infants.

(3) One-rescuer CPR on an adult CPR training mannequin.

(4) Two-rescuer CPR on an adult CPR training mannequin.

(5) Infant CPR on an infant CPR training mannequin.

(6) Ventilation on an adult CPR training mannequin using the pocket mask.

b. Personnel failing to demonstrate proficiency in any of the tasks listed in paragraph 5.a. of this chapter shall be provided remedial training in the deficient areas and retested.

c. The CPR training mannequins shall be obtained from field Divisions. Divisions shall ensure an adequate number of mannequins are available to meet Area needs.

6. COURSE RECERTIFICATION.

a. Upon completion of recertification, the original CHP 126 shall be filed at the Area level.

(1) The CHP 126 should be completed electronically.

(2) The CHP 126 shall include the uniformed employee's name (last, first, middle initial), ID number and rank, and the instructor's **printed** name and ID number.

(3) Only **one** instructor shall sign the CHP 126.

b. Instructors are required to complete a CPR Skills Evaluation for each uniformed employee recertified. The completed evaluation, with an attached CHP 126 for each uniformed employee, is to be filed in their field training folder. This documentation is to be kept on file for three years plus current.

7. CARE AND MAINTENANCE OF CARDIOPULMONARY RESUSCITATION TRAINING MANNEQUINS.

a. The care and maintenance of the CPR training mannequins are the responsibility of each course instructor.

b. The repair and/or replacement of defective CPR training mannequins are the responsibility of the respective Division. Replacement CPR training mannequins may be purchased through the normal bid process. The Academy, EMS Unit, is available to provide guidance in the repair and/or replacement of CPR training mannequins.

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