

CHAPTER 20
CONTROL HOLDS
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CHAPTER 20
CONTROL HOLDS

1. POLICY. For this chapter, all uniformed members of the California Highway Patrol will be referred to as officer(s). While in the performance of their duties and based on the facts and circumstances perceived by officers at the time of the event, officers shall, if feasible, utilize the appropriate departmentally approved control hold necessary to control a subject.

a. The officer safety procedures and techniques outlined in this manual shall be adhered to in all arrest situations. Any deviation from the prescribed methods will require justification by the officer based upon the reasonableness of their actions, and on the facts and circumstances perceived by the officer at the time of the event.

b. No policy can possibly account for all of the factors and situations an officer could face. The methods described in this manual were chosen for ease of use and designed for generally compliant subjects. Officers who utilize a control hold that does not mirror the techniques in this manual must justify their actions based upon the objective reasonableness of the circumstances presented to the officer at the time of the event.

2. DEFINITIONS.

a. Control Holds. Control holds are techniques utilized to take physical control of a person by preventing or restricting their movement or resistance.

3. TYPES OF CONTROL HOLDS. There are two primary types of departmentally approved control holds: twist lock and bent wrist. The choice of which type of control

hold to utilize depends on the situation confronting the officer. Entries into control holds can be achieved from almost any position (e.g., facing, side, and rear).

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