



California Highway Patrol

HPM 70.9

PHYSICAL PERFORMANCE PROGRAM MANUAL

Safety, Service, and Security



An Internationally Accredited Agency

DEPARTMENT OF CALIFORNIA HIGHWAY PATROL

PHYSICAL PERFORMANCE PROGRAM MANUAL

THIS PUBLICATION MAY BE PURCHASED FROM THE
CALIFORNIA HIGHWAY PATROL.

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HPM 70.9

FOREWORD

The purpose of this manual is to provide policy, guidelines, and procedures for administering the California Highway Patrol's Physical Performance Program related to the Commission on Peace Officer Standards and Training's Work Sample Test Battery.

The objectives of the Physical Performance Program are to measure the ability of cadets and uniformed employees to perform specified physically demanding activities which are required of California Highway Patrol officers, to promote their ability to perform such activities, to encourage them to maintain themselves in good physical condition, and to minimize on-the-job injuries and illnesses related to poor physical condition.

Any inquiries or comments related to this manual should be directed to the Physical Training Unit at the Academy.

OFFICE OF THE COMMISSIONER

OPI: 091

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